



Shirejammin' – Scouts

Badge Requirements

Values, Beliefs and Attitudes

- Renew your promise virtually,
- Take part in your usual act of worship remotely,
- Do something new to help others at home that demonstrates part of the scout law, e.g. bringing cups of tea to busy working from home parents to demonstrate 'a scout is friendly and considerate'.
- Complete the My Faith Activity Badge.

Scouting Community and the Wider Community

- Connect and communicate with fellow Scouts remotely,
- Share examples of what you have been doing at home with other scouts,
- Engage in any form of remote community support,
- Engage in a non-scouting virtual community forum

Exercise and Fitness

- Find and share a novel way of exercising at home, make a daily/weekly exercise plan and stick to it for at least four weeks.

Creativity and Craft

- Complete one of these Activity Badges at home: Artist, Craft, DIY, Entertainer, Model Maker, Photographer, Writer.

Adventure

- Plan an adventurous activity you would like to do with your Scout Troop at some point – this could be caving, climbing, bell-boating, a night hike or adventure camp. What things would you need to take with you? How would you make sure all the Scouts were safe?
- Plan your ultimate adventure. Use your imagination. It could be a dinosaur safari, time-travelling, a space adventure, exploring a volcano... you name it, you plan it!
- Have an at-home camp. This could be in your garden or somewhere you don't normally sleep in your house. What food would you normally have at camp?
- Take part in a remote scout challenge game set by leaders or create your own to share.

Introduction

Who says Scouting has to stop just because we can't go out?

To encourage everybody to Keep Calm and Scout On, Scouts Hereford and Worcester have come up with the Shirejammin' @ Home 2020 badge initiative!

The criteria to complete the badge is to do one activity relating to each of the nine sections.

Under each heading there are a number of different ideas that you could do for that section however these are not definitive lists and if you are able to think of something that is on a similar footing then that is also acceptable.

Make sure you stay safe when completing these challenges. Young People you may need to check with your parents to make sure they are Scouting at home in the right way.

Once you have completed the challenges you can let the Shirejammin' Team know by submitting your evidence on the website.

Good Luck.
Have Fun.
Stay Safe.

International, World and Global

- Find out about Scouts in another country. What is their Promise? What uniform do they wear? What games do they play? You could do this by taking part in Jamboree On The Internet on 3rd-5th April 2020. Present your findings remotely (live or by file sharing),
- Complete the Environmental Conservation, Global Issues or International, World Faiths Activity Badge.

Mental Health and Wellbeing

- Take part in a guided yoga or meditation,
- Create a positive mental health box full of things that make you happy,
- Create a routine for yourself to follow and keep a diary to see how it is helping you.
- In your troop make sure you check in with friends to make sure they are okay.
- Over one month keep a log of the following things each day:
 - One thing you are grateful for.
 - One thing you are looking forward to doing when life returns to normal.
 - One thing you are going to do differently in the future.

Self Sufficiency

- What changes are you making to your lifestyle at the minute?
- Learn and use at least five of these skills:
 - Mend or customize an item of clothing.
 - Cook and serve a two-course meal, for at least four people.
 - Fix a puncture or a dropped chain on a bike.
 - Wash up after a meal, making sure everything is clean and dry.
 - Use a washing machine to wash a load of clothes.
 - Iron your uniform shirt.
 - Change a lightbulb in a ceiling light
 - Set a heating timer and thermostat as needed for the time of year.
 - Clean a toilet, hob or oven.
- Complete the Chef Activity Badge

Internet and Online Safety

- Help create a code of conduct for scouts in your group meeting virtually, research and share key facts about staying safe online including social media.
 - Complete the Digital Citizen or Digital Maker Activity Badge.
-

